

Five Love Languages®

by Gary Chapman, PhD

Profile for Wives

DIRECTIONS: Take this quiz when you are relaxed, and try not to rush through it. Pick only one statement in each pair below as the one that best represents your desire, then circle the letter that matches up with the statement you choose.

1	Sweet notes from my husband make me feel good.	A	16	I never get tired of my husband's kisses.	E
	I love my husband's hugs.	E		I love that my husband shows real interest in things I like to do.	B
2	I like to be alone with my husband.	B	17	I can count on my husband to help me with projects.	D
	I feel loved when my husband washes my car.	D		I still get excited when opening a gift from my husband.	C
3	Receiving special gifts from my husband makes me happy.	C	18	I love for my husband to compliment my appearance.	A
	I enjoy long trips with my husband.	B		I love that my husband listens to me and respects my ideas.	B
4	I feel loved when my husband helps with the laundry.	D	19	I can't help but touch my husband when he's close by.	E
	I like it when my husband touches me.	E		My husband sometimes runs errands for me, and I appreciate that.	D
5	I feel loved when my husband puts his arm around me.	E	20	My husband deserves an award for all the things he does to help me.	D
	I know my husband loves me because he surprises me with gifts.	C		I'm sometimes amazed at how thoughtful my husband's gifts to me are.	C
6	I like going most anywhere with my husband	B	21	I love having my husband's undivided attention.	B
	I like to hold my husband's hand.	E		I love that my husband helps clean the house.	D
7	I value the gifts my husband gives to me.	C	22	I look forward to seeing what my husband gives me for my birthday.	C
	I love to hear my husband say he loves me.	A		I never get tired of hearing my husband tell me that I am important to him.	A
8	I like for my husband to sit close to me.	E	23	My husband lets me know he loves me by giving me gifts.	C
	My husband tells me I look good, and I like that.	A		My husband shows his love by helping me catch up on projects around the house.	D

9	Spending time with my husband makes me happy.	B	24	My husband doesn't interrupt me when I am talking and I like that.	B
	Even the smallest gift from my husband is important to me.	C		I never get tired of receiving gifts from my husband.	C
10	I feel loved when my husband tells me he is proud of me.	A	25	My husband can tell when I'm tired, and he's good about asking how he can help.	D
	When my husband helps clean up after a meal, I know that he loves me.	D		It doesn't matter where we go, I just like going places with my husband.	B
11	No matter what we do, I love doing things with my husband.	B	26	I love having cuddling with my husband.	E
	Supportive comments from my husband make me feel good.	A		I love surprise gifts from my husband.	C
12	Little things my husband does for me mean more to me than things he says.	D	27	My husband's encouraging words give me confidence.	A
	I love to hug my husband.	E		I love to watch movies with my husband.	B
13	My husband's praise means a lot to me.	A	28	I couldn't ask for any better gifts than the ones my husband gives me.	C
	It means a lot to me that my husband gives me gifts I really like	C		I love it that my husband can't keep his hands off me.	E
14	Just being around my husband makes me feel good.	B	29	It means a lot to me when my husband helps me despite having other things to do.	D
	I love it when my husband gives me a massage.	E		It makes me feel really good when my husband tells me he appreciates me.	A
15	My husband's reactions to my accomplishments are so encouraging.	A	30	I love hugging and kissing my husband after we've been apart for a while.	E
	It means a lot to me when my husband helps with something I know he hates.	D		I love hearing my husband tell me that he missed me.	A

Now that you've made your selections, go back and count the number of times you circled each individual letter and list those results in the appropriate spaces below to discover your primary love language. You are "bilingual" and have two primary love languages if point totals are equal for any two love languages. Every time you or your husband speak (express) each other's love language, you score emotional points with one another.

SCORING: A: _____ B: _____ C: _____ D: _____ E: _____

A = Words of Affirmation B = Quality Time C = Receiving Gifts

D = Acts of Service E = Physical Touch

*For more about the **Five Love Languages** by Dr. Gary Chapman, read the book by the same name, or go to www.fivelovelanguages.com*