

RESOURCES AND MATERIALS FOR MATCHING PREPARATION

The three most important points of all.

- (1) **Do something.** Don't do nothing. Don't expect someone else to do it (including God).
- (2) **Start now.** It is never too early to get started. Decide before today ends what you will do. Even if you are not "ready," you will still need to do lots of study and prayer sometime.
- (3) **Keep doing something every day.** Even if you are just reading something related to matching like the resources below. By making a spiritual base for give and take, heaven can guide you more easily.

1. Consult your personal friends with experience in matching. Might be the most helpful of all.
2. Website by Jim Stephens: <http://www.theMarriageLibrary.com/Matching>.
3. Book and DVD: **Love and Respect** by Dr. Emerson Eggerichs. About The Love she most desires and The Respect he desperately needs. (*Recommended by Second King and Queen*)
4. Book: **The Five Love Languages**. Explanation and quiz. Inspired understanding of how we recognize when others are giving love to us. Research based and time tested.
5. Book: **The Five Languages of Apology**. Explanation and quiz. Research based understanding of what different people accept as a genuine apology. We can't restore hurts without this.
6. Website: **The Flag Page** by Mark Gungor. www.flagpage.com Website that is a helpful tool for young people to learn about themselves, relating to others, and what motivates them in their lives. \$25 fee, but worth it.
7. Article: "**Falling In Love For All The Right Reasons, 29 Critical Matching Variables**" by Neil Clark Warren PhD the founder of eharmony.com. <http://www.themarriagelibrary.com/Matching/SoulMates.pdf>
8. Book: **Act of Marriage** by Tim and Beverly LaHaye. Very excellent source book for understanding Christian sexual relations.
9. Books by Shaunti Feldhan. Thoroughly researched information through thousands of deep interviews.
 - a. **Through a Man's Eyes: Helping Women Understand the Visual Nature of Men** by Shaunti Feldhahn and Craig Gross
 - b. **For Young Women Only: What You Need to Know About How Guys Think** by Shaunti Feldhahn and Lisa A. Rice
 - c. **For Young Men Only: A Guy's Guide to the Alien Gender** by Jeff Feldhahn and Eric Rice
 - d. **For Women Only: What You Need to Know About the Inner Lives of Men** by Shaunti Feldhahn
 - e. **For Men Only: A Straightforward Guide to the Inner Lives of Women** by Shaunti Feldhahn and Jeff Feldhahn
 - f. **For Parents Only: Getting Inside the Head of Your Kid** by Shaunti Feldhahn and Lisa A. Rice
10. Book: **First Comes Love** by Reva Seth. Through the advice from 300 arranged marriages, she shares the importance of knowing yourself and identifying what's central in building a lasting marriage.

11. Books about **Myers-Briggs Personality Inventory**. Explanation and quiz. Most widely used and statistically based personality tool in the world.
 - a. **Just Your Type: Create the Relationship You've Always Wanted Using the Secrets of Personality Type** by Paul D. Tieger and Barbara Barron-Tieger
 - b. **Type Talk: The 16 Personality Types That Determine How We Live, Love, and Work** by Otto Kroeger and Janet M. Thuesen
 - c. **Please Understand Me I & II: Temperament, Character, Intelligence** by David Keirsey
 - d. **Lovetypes: Discover Your Romantic Style And Find Your Soul Mate** by Alexander Avila
12. Book: **His Brain, Her Brain: How Divinely Designed Differences Can Strengthen Your Marriage** by Walt and Barb Larimore
13. Book: **I Kissed Dating Goodbye** by Joshua Harris. Smart love looks beyond personnel desire and the gratification of the moment. A "how to", to prepare oneself for marriage from God's perspective.
14. Book: **Boy Meets Girl** by Joshua Harris. Practical guidance on how to switch from "no dating" to building a God centered relationship that develops into commitment and marriage.
15. Book: **Laugh Your Way to a Better Marriage** by Mark Gungor. Funny and helpful understandings of the differences between men and women and how to best form a solid marriage. God centered.
16. Book: **Saving Your Marriage Before it Starts** by Les & Leslie Parrot. Points to prepare yourself for being a qualified candidate. Asks the reader 7 important questions, through answering, the reader can gain valuable skills that help build a successful marriage.
17. Website: **Archive of 1,067 Daily Marriage Tips**. Huge list of information on men, women, parenting, children, and more. Member ID and password required. (Use "Member" and "20112011")
<http://www.themarriagelibrary.com/Archives/MasterList/MasterList.htm>
18. Book: **101 Questions to ask Before You Get Engaged** By H. Norman Wright
19. Article: **Is it Infatuation or True Love?**- Marriage Library Archive 12-07-09 website.
<http://www.themarriagelibrary.com/Archives/MasterList/Dec.%207,%202009,%20Is%20lt%20Infatuation%20Or%20ls%20lt%20True%20Love.htm>
20. Articles: **The Meaning of the Blessing** - True Father (BFD-resources-matching)-website
21. Book: **Cheon-Hwa-Dang: House of Heaven's Harmony** by Hyung Jin Moon. Wonderful internal guidance on developing character and internal discipline. HSA-Books
22. Book: **The Seven Habits of Highly Effective Teens** by Sean Covey. Applies the seven habits to the life of teens including stories from all over the world (self image, build more active goals, your goals for parenting).
23. Book: **Relationship Intelligence** by Richard Panzer.
24. Book: **Lady in Waiting** by Jones/Kendall (biblically-based marriage preparation/comes with accompanying workbook. A book about finding God's biblically based marriage etc.

25. Book: **Pure Gold – Encouraging Character Qualities in Marriage** by Susanne M. Alexander. Learn how to understand and practice positive character traits in your marriage. Great for before and after the matching and Blessing.

Sanctuary Church Matching Website: <https://sanctuaryblessedlife.org/>

World Peace and Unification Sanctuary Church: <http://www.sanctuary-pa.org>

Articles on Parenting: www.successtoparenting.com (Christian)

Appendix 1: Suggested Questions for Learning About a Matching Candidate

1. Why do you feel ready to make the unconditional commitments required for marriage?
2. What does the role of a husband/wife mean to you in your life?
3. What is your passion?
4. What is your dream for your marriage?
5. How would you handle conflict?
6. How do you believe your life of faith should be lived?
7. What are your educational plans?
8. What are your professional/vocational plans?
9. How do you want to raise your family?
10. What is your relationship with God like and when do you feel closest to God?
11. How much Divine Principle Education have you had?
12. Which part of the Principle grabs you the most?
13. What church activities have you been involved in?
14. How do you view the roles of husband and wife in the family?
15. How do you envision your future family connecting to and participating in the church community and activities?
16. What kind of community and environment would you like your future family to live in?
17. Where would you like to live while you raise a family?
18. How big a family would you like to have?
19. When do you think you would want to start having children?
20. Do you have any health concerns?
21. Is there any reason to think having children could be a problem?
22. Have there been any health concerns in your family history that are hereditary?
23. Have there been mental health concerns in your family history?
24. Have you ever seen a mental health professional, been diagnosed or taken medication for any mental health problem, psychological or emotional condition, learning or developmental disability?
25. Ask questions about how the candidate was raised. Ask about grandparents and great-grandparents.
26. How were you disciplined as a child?
27. How would you like to discipline your children?
28. How do you manage your anger? Have you ever had a violent outburst?
29. What is your level of purity?
30. Have you ever dated or kissed?
31. Have you ever given your heart to another person?
32. Have you ever experienced any addictive behavior? (Alcohol, Drugs, Gambling, Pornography) Do you have any "Deal Breakers" (issues that make it impossible for you to consider a match with someone)? Examples of these could be language, location, race, purity level, education, vices, etc.
33. What are your passions and goals?
34. What is your career path and what are your plans to support a family?
35. What are your interests and aspirations?
36. Do you have any debts, such as college loans?
37. Unity and love between a husband and wife is not easy- men and women are so different. What are some things you would do to continuously grow and develop a healthy friendship and marriage?
38. How did your parents handle finances?

39. How do you see it working in your marriage?
40. How do you see you and your future spouse solving disagreements?
41. How was conflict and difficulty managed in your own family growing up?
42. If you were to find yourself struggling in your marriage, who would you go to for help?
43. What educational activities or supportive friendships might you choose to participate in as a couple?
44. What do you understand to be the role of Rev. Hyung Jin Moon and Rev Yeonah Moon?
45. Are you willing to go to a Sanctuary Church Blessing?

Appendix 3: Commitment Ceremony Ideas and Recommendations

This is your Commitment Ceremony. It is the first thing you work together to create. Please take the time to create a ceremony that reflects who you are and who you want to become. Create a ceremony that begins your walk through life together by welcoming God into the heart of your relationship. Your ceremony may be simple or ornate, the important thing is you have worked together to create it and you are sincere in your commitment to God and each other.

Some Basic Components:

1. Opening Prayer
2. Few words by a parent from each family
3. Candidates speak:
 - a. What this Commitment means to me?
 - b. Why my match is the best person for me.
 - c. Vows they have written, either individually or together
4. Exchange of gifts
5. Signing of the Matching Report Form?
6. Closing Prayer
7. Share a meal and have cake
8. Photos

Other ideas couples have included in their ceremony:

1. A bowing ceremony before True Parents, before their parents, between the candidates and between the two families.
2. Guests. This can be very appropriate and inspiring to share with another close Blessed Family or relative like grandparents.
3. The candidates may choose the order and who says the prayers and give guidance to the parents who may be saying a FEW short words about their child or the meaning of this day or the Blessing.
4. Gifts. Gifts need to be agreed upon beforehand. The parents may give spiritual gifts to the couple like Holy Salt from one family and a CIG Candle and matches from the other. The candidates may exchange gifts of similar value like nice not too expensive jewelry or a handmade blanket. The families may choose to exchange a nice gift like a small art piece from their native area or a handmade keepsake.
5. Other things that you may want to consider for your ceremony:
 - a. A banner. This can be made by siblings that want to help.
 - b. A slide show of each person growing up, their meeting and growing together to this decision.
 - c. Music.
 - d. A reading of Father's words.
 - e. Photos. This is a great chance to take photos of the couple, and family photos for each family
 - f. If there are quests from outside our church you may want to consider a brief introduction that puts our tradition of matching in a historical context.

Appendix 4: Contact Information for Blessed Life Representatives

Denton and Dorit Smith – doritsmith7@gmail.com

Eric and Luz Franco -

Herwig and Angela Schmidt-

Jim and Hiromi Stephens-

Blessing Coordinators

Lourdes Swarts

Blessed Life in other nations

Tim Elder