

## Spiritual Tip

### Drowned In Love

By Rev. Sun Myung Moon

When you are drowned in love you do not hear or see. When you are completely drowned in this original love of God, then there is no moment that you are separated from that particular intoxication, no moment when you feel chilly or cold. God intended such intoxication of love to prevail throughout His creation, so that even without thinking about it you would be constantly surrounded by goodness and warmth.

Even just thinking about this creates a magnetic power, but to actually experience that feeling and to hear that explosion of love is beyond description. Love can be experienced in every way, with all your senses. When you men and women want to get married, then you really desire that kind of ideal love. When a perfect husband and wife are together, they will look beautiful; there is much beauty to be seen when any male and female get together, but men and women were to radiate the most supreme beauty of all.

When men and women are intoxicated in God-centered love they are so beautiful that God also wants to be intoxicated by their love and drown in it Himself. Not only is the relationship between Adam and Eve inseparable, but even God enters into it and all three become inseparable! Could you desire anything greater?

Is there any greater goal to pursue than to become completely intoxicated and drowned in such perfected love? That is the fulfillment of life and when God also becomes fused into that love the entire universe is then included. Being near such an inseparable unit is like standing in front of a big furnace where metal is melted. Under those circumstances do you think Satan could try to creep in and grab a piece of love for himself? There is no such thing as taking a part of it because it all has been blended into one.

Men are supposed to live their lives in an intoxication of love. When married men get together, an on-going subject of conversation is their wives. When women get together, a subject of endless fascination should be their pride in their husbands. God wants women's greatest pride to be their husbands. A man's greatest pride and joy is supposed to be his wife.

Your pride in talking about your loved one will have no end. On the other hand, talking about yourself is not uplifting to anybody and you just do not want to dwell on yourself. Men and women are supposed to be crazy in their love for their spouse, even to the degree that they tell God, "You know, my husband is a little more handsome than You are. I'm sorry to say this, but God, my wife is a little prettier than You are." Do you think God will get angry or will His grin stretch from ear to ear?

## Marriage Tip

### I Thought I Understood About Men, But I Didn't – Part 2

By Shaunti Feldhahn

Have you ever been totally confused by something the man in your life has said or done? Have you ever wondered, looking at his rapidly departing back, "Why did that make him so angry?"

Have you ever been perplexed by your husband's defensiveness when you ask him to stop working so much? Yeah? Me too.

But now, after conducting spoken and written interviews with more than one thousand men, I can tell you that the answers to those and dozens of other common perplexities are all related to what is going on in your man's inner life.

Light bulb On!

#### Seven Revelations (#1 and #2 were last week)

##### **Surface Understanding #3: Men are providers.**

What that means in practice: Even if you personally made enough income to support the family's lifestyle, it would make no difference to the mental burden he feels he has to provide.

##### **Surface Understanding #4: Men want more sex.**

What That Means in Practice: Your sexual desire for your husband profoundly affects his sense of well-being and confidence in all areas of his life.

##### **Surface Understanding #5: Men are visual.**

What that means in practice: Even happily married men struggle with being pulled toward live and recollected images of other women.

##### **Surface Understanding #6: Men are unromantic clods.**

What that means in practice: Actually, most men enjoy romance (sometimes in different ways) and want to be romantic - but hesitate because they doubt they can succeed.

##### **Surface Understanding #7: Men care about appearance.**

What that means in practice: You don't need to be a size 3, but your man does need to see you making the effort to take care of yourself - and he will take on significant cost or inconvenience in order to support you.

The more we understand the men in our lives, the better we can support and love them in the way they need to be loved.

-----Ed. Note: Shaunti Feldhahn conducted extensive research into the inner lives of men. She presents the fascinating results in more detail in her book, **For Women Only**.

# Parenting Tip

## Stop The Whining

By Carol Tuttle

You just can't handle it anymore... the whining.

Your child whines about what they want. Or whines about what they *don't* want.

All the whining just gets to you until you're just worn out.

It's not supposed to be this way, right? So what do you do?

### You can do this.

Your child's whining is a message, and it's one you can decode.

If you don't yet know your child's Energy Type, that's the first step to a smoother parenting experience. Get your copy of my book, **The Child Whisperer**.

### Every child whines true to their Energy Type

Sensitive Type 2 Children are the most likely to get into a pattern of whining. It's their natural response when they don't feel heard.

But what if your child expresses a different dominant Energy Type? Try these tips and see things shift:

### The Fun-loving Type 1 Child's whine:

They may whine when they're feeling isolation or too much routine. You may think they've played with enough friends, but

their threshold for social interaction may be higher than you think.

Try getting them out of the house, seeing new things and being around other people.

In the moment, you can also say to them, "What's your idea?" or "What would be fun for you?"

### The Sensitive Type 2 Child's whine:

These more subtle children naturally start whining when they don't know how to articulate their feelings. Speaking up does not come naturally to them.

Get down on their level, tell them you want to hear them, and ask them what they want to say. They'll open up and speak more quickly when they don't feel rushed to share.

When the whine starts, you can say, "I hear you. I know you want something. Please tell me what it is."

### The Determined Type 3 Child's whine:

These children are more likely to growl or grump at you than whine. But if they're feeling really shut down from expressing their voice, or really physically stifled, they may turn to whining.

Stop shushing them. Let them be loud. If they need to shout, tell

them to let it out. And get them outside to release some energy!

You might consider saying, "Tell me (or show me) what you want to do right now." Let them move into action.

### The More Serious Type 4 Child's whine:

These children express an all-or-nothing energy. They may never whine (because they think it's too babyish). Or, if they're feeling controlled, they may whine a LOT.

Let this child be their own authority. Does he whine about cleaning up his room? He might feel micro-managed about how to do it. Does she whine about chores? Give her a say in which chores she does and when.

You might consider saying, "I want to let you be in charge of this. What do you think?"

In conclusion, may you experience ease and success as you support your child in just saying (not whining) what they need.

- See more at:

<http://thechildwhisperer.com/stop-whining/#sthash.wBnrnJ7a.dpuf>

Compliments of the District 1 Marriage and Family Ministry, FFWPU

For more:

Marriage Tips, Resources, or copies of these Sunday Inserts visit:

[www.TheMarriageLibrary.com](http://www.TheMarriageLibrary.com)

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